



Louisiana's Cajun Bayou
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Immerse yourself in the sights, sounds, and tastes of Cajun culture when you make your way up and down [Louisiana's Cajun Bayou](#). Listen to century-old stories and embark on amazing adventures you won't find anywhere else. Located among the majestic bayous of Lafourche Parish just south of New Orleans and home to Thibodaux, Raceland, Port Fourchon, and other towns, Louisiana's Cajun Bayou is the best place to experience the Cajun lifestyle for yourself.

With its fresh and salt waterways, outdoor adventure in Louisiana's Cajun Bayou abounds. Go on one of the [chartered fishing trips](#) to the parish's coastal marshes or deep in the Gulf of Mexico, hooking everything from speckled trout and flounder to marlin, tuna, and redfish (the local specialty). Want to cross seeing an alligator off your bucket list? Book a [swamp tour](#) with one of four companies that will get you up close to reptiles and birds in their natural environment. For some fun on terra firma, stroll on the Lockport Elevated Boardwalk or the Leeville Fishing Pier and go birding on the Gulf Coast, where hundreds of bird species make their way along the Gulf Coast Louisiana Flyway. Louisiana's Cajun Bayou is a great place to spot spoonbills, herons, songbirds, bald eagles, and many other species.

The [Wetlands Acadian Cultural Center](#) in Thibodaux, one of the six sites of the Jean Lafitte National Historic Park and Preserve, is a great place to begin your trip to the region for an immersive introduction to this destination. Learn about the cuisine, religion, industry, and recreation of the Acadian (Cajun) culture through artifacts, exhibitions, and films. Take a walking tour of the Historic Thibodaux, and dance to the beat of the live music of Louisiana, including blues, jazz, zydeco, Cajun, and gospel music.

Of course, you can't visit Louisiana's Cajun Bayou without enjoying the region's beloved cuisine. The [Cajun Bayou Food Trail](#) provides a map and passport to guide you to the best restaurants in Lafourche Parish. Eat your way up and down the bayou, trying all kinds of gumbos, jambalayas, étouffées, po'boys, fish done up every which way, shrimp straight from the gulf, and oysters on the half shell. Bring your appetite and you'll taste culinary traditions that go back generations.

Visit Louisiana's Cajun Bayou for unforgettable memories in a destination that naturally connects you with the outdoors, culture, and cuisine you're looking for on your next vacation.