



Louisiana's Cajun Bayou  
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Immerse yourself in the sights, sounds, and tastes of Cajun culture when you make your way up and down [Louisiana's Cajun Bayou](#). Located just 45 minutes south of New Orleans its unapologetic way of life is unlike any other and is told through the cuisine, outdoor adventures, and festivals & events.

The bayou life is for everyone and there is something to do for all who visit. For adventure seekers, experience the thrill of a [swamp tour](#) and get up close and personal with a friendly alligator or one of our many native species of birds.

With an abundance of fresh and salt waterways, our [charter fishing](#) is some of the best you'll find in Louisiana. Stay close to shore or venture out to the Gulf of Mexico to hook everything from speckled trout, redfish, flounder, tuna, and more.

Visit the [Wetlands Acadian Cultural Center](#) in Thibodaux, one of the six sites of the Jean Lafitte National Historic Park and Preserve, and learn more about the Acadians (Cajuns) who made Bayou Lafourche their home. Enjoy a fascinating array of exhibits, artifacts, and photographs that date back over 100 years ago.

Afterwards, sign up for one of their [historic Thibodaux walking tours](#), their [boat tours on Bayou Lafourche](#), or their [Cajun music jams](#).

Of course, you can't visit Louisiana's Cajun Bayou without enjoying the region's beloved cuisine. The [Cajun Bayou Food Trail](#) provides a map and passport to guide you to the best restaurants in Lafourche Parish. Wander off the eatin' path and try a variety of Cajun-influenced recipes passed down through generations. Discover unique flavors from the bayou to table including all kinds of gumbo, jambalaya, crawfish, shrimp, and more!

Experience [Louisiana's Cajun Bayou](#) like a local through our unique culture, attractions, and cuisine.