



Louisiana's Cajun Bayou
P. O. Box 340
Raceland, LA 70394
www.lacajunbayou.com/



Chartered fishing trips, swamp tours, Mardi Gras celebrations, and a tantalizing array of Cajun food await in Louisiana's Cajun Bayou, also known as Lafourche Parish.

Located just south of New Orleans, this part of Southern Louisiana is home to breathtaking natural beauty, bayous and coastal wetlands, and a heavy dose of Cajun culture you've got to experience.

Whether you're looking to cross something off your bucket list or for your next adventure, you'll find something in Louisiana's Cajun Bayou.

Discover some of the top things to do in Thibodaux, Raceland, Lockport, and throughout Lafourche Parish below.

Take a Swamp Tour or Airboat Ride

They're big, scaly, and just about the coolest thing you can see in the outdoors. We're talking about alligators, and they are among the many critters that you can see on a tour of the Cajun Bayou's inland waterways. Local outfit [2 Da Swamp](#) takes you out to feed the alligators, show you unique artifacts, and play Cajun music on the boat. Meanwhile, a ride with [Airboat Tours](#) meanders beneath moss-draped trees and through a marsh that's home to hawks, herons, bald eagles, and more. [Torres Cajun Swamp Tours](#) brings the region's fables to life, and [Zam's Bayou Swamp Tours](#) is another great way to glimpse Louisiana wildlife like turtles, birds, and snakes up close. For the best shot at seeing gators, visit between February and October, when the water is at its warmest.

Charter a Fishing Trip

You don't need your own boat or have knowledge of where the fish are biting to act like an angler here. Louisiana's Cajun Bayou offers some of the best fishing in Louisiana, as well as plenty of [chartered fishing trips](#) you can book. Cast your line in coastal marshes or deep in the Gulf of Mexico as you try to snare everything from snapper and speckled trout to marlin, tuna, and redfish. Take your pick from a long list of experienced fishing guides and you'll be one step closer to hooking the kind of fish you can brag about later.

Follow the Cajun Bayou Food Trail

The [Cajun Bayou Food Trail](#) cooks up a Louisiana culinary experience like no other. Eat your way up and down the bayou to savor cuisine with deep traditions and bold flavors made from recipes passed down from one generation to the next. Grab a map at the Louisiana's Cajun Bayou Visitor Center or download your [Cajun Bayou Food Trail passport](#) and, once you have five stamps, you can mail it in for a free T-shirt. Stop at Spahr's Seafood, "where catfish is king," for from-scratch bloody marys and world-famous gumbo. Also on the trail, Bubba's II PoBoys serves seafood platters, oysters, and of course po'boys. Visit Cher Amie's Seafood Restaurant for shrimp done up every way imaginable, grilled seafood, etouffees, and more.

With 16 restaurants along the Cajun Bayou Food Trail, you'll want to bring your appetite to Louisiana's Cajun Bayou.

Immerse Yourself in Cajun Culture

Lafourche Parish is the heart of Cajun culture in Louisiana, and immersing yourself in it is a must while you're here. Start at the Jean Lafitte National Historic Park and Preserve, which is made up of six sites spread throughout Southern Louisiana. One of these attractions is the [Wetlands Acadian Cultural Center](#) in Thibodaux, where the authentic Cajun way of life is preserved through its exhibitions, films, and displays of historical artifacts. Get to know Acadian culture and go on a boat tour on Bayou Lafourche with a park ranger. Then browse cookbooks and other souvenirs in the museum's gift shop. The Wetlands Acadian Cultural Center regularly hosts special exhibits and events like Monday Music (which includes zydeco, blues, Cajun, jazz and gospel music), Share Your Stories, and a Historic Thibodaux Walking Tour.

Festival it Up

There's always something going on in Lafourche Parish, and the many [festivals in Louisiana's Cajun Bayou](#) are a great way to experience local culture. Spring brings fun like the [Laurel Valley Spring Heritage Festival](#)

and some of the best [Mardi Gras celebrations](#) in Louisiana. Summer is time for the [Cajun Heritage Festival](#) and the [Golden Meadow Fourchon Tarpon Rodeo](#). Leap into fall with favorites like the [Louisiana Gumbo Festival](#) and [Louisiana Swamp Stomp Festival](#). And in the winter, you can attend the Lockport Tree Lighting and Christmas Parade and the Thibodaux Christmas Festival. Mark your calendar so you don't miss out.